



Do you have a child between 8-13 years of age
with a neurodevelopmental disability?

We invite you to participate in a research study:

**Secret Agent Society: Operation Regulation –
Virtual Trial**

What is the research about?

This study aims to evaluate whether a cognitive behavioural intervention, *Secret Agent Society: Operation Regulation*, can help youth with neurodevelopmental conditions cope with their emotions and handle the day-to-day stressors in their lives. By neurodevelopmental conditions, we mean a diagnosis of autism, a learning disability, attention-deficit hyperactivity disorder (ADHD), or cerebral palsy.

What does participation involve?

Participating involves weekly virtual sessions where you and your child will meet with a trained therapist for one-on-one therapy. Your child will get to do an assortment of activities and play games (e.g., computer games, problem solving tasks, and role playing). The activities are aimed to help build emotion regulation skills and help with their mental health.

You and your child will also participate in research to evaluate the effectiveness of the program.

There is no cost to the program.

I'm interested! What next?

For more information, please contact sasor@yorku.ca or Dr. Jonathan Weiss, Principal Investigator on the study, at jonweiss@yorku.ca.

Limited space is available, so families will be contacted on a first come, first serve basis.